HELP! - Les Beatles

Help, I need somebody Help, not just anybody Help, you know I need someone He-e-elp

When I was younger, so much younger than today
I never needed anybody's help in any way
But now these days are gone, I'm not so self-assured
Now, I find I've changed my mind and opened up the doors

Refrain:

Help me if you can, I'm feeling down And I do appreciate you being 'round Help me get my feet back on the ground Won't you please, please help me?

And now my life has changed in, oh, so many ways
My independence seems to vanish in the haze
But every now and then I feel so insecure
I know that I just need you like I've never done before